



## CAMP MAPLE LEAF

hosts a sleepover camp for children who are grieving the death of a parent or sibling, supporting them to gain strength from each other, as they realize the power they have within themselves.

### Our program is designed to provide:

- With the support of childhood grief specialists...
  - A supportive social network that campers can lean on and relate to throughout the year.
  - The realization that they are not alone with the challenges they face.
  - A normalization of their life situations.
  - New coping skills and increased resilience.
  - Grief counselling available on-site.

### Our Campers

- 3 to 1 ratio (campers to staff)
- Ages 7 to 16
- Leadership opportunities for our older campers



### Lessons From the Skein of Geese...

#### Friendship

When geese fly together, each goose provides additional lift and reduces air resistance for their goose flying behind it.

#### Togetherness

When a goose flies in the V-formation it requires less effort and energy using the lifting power of its friends.

#### Support

Geese take turns being the leader, as the front position expends the most energy.

#### Communication

Geese honk at each other to communicate during their long flight.

#### We are not alone

When one goose drops out of formation, two other geese will follow and protect the down goose until it is able to fly again.

### Camp Maple Leaf

Founded in 1955. Camp Maple Leaf is operated by a registered charity and provides children of Canadian Military Families and children who share similar unique life challenges a camp to call their own. Camp Maple Leaf supports and celebrates them for who they are, and fosters friendships that follow them home.



CAMP MAPLE  LEAF

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# 5 NIGHTS & 6 DAYS OF EXTREME FUN!

## 6 Days...6 Goals!

1. Friendships that will follow campers home.
2. Fun and memories that will last forever.
3. Try something new that they can't do at home.
4. Personal growth.
5. Sense of belonging to a unique camp family.
6. A respect and understanding for our heroes.

## Land Activities

- Arts & Crafts
- Performing Arts
- Island Nature Program
- Climbing Wall & Low Ropes
- Sports
- Archery

## Waterfront Activities

- Swimming
- Canoeing
- Kayaking
- Fishing with Sticks
- Row Boating

## But Wait... There's More!

Lots of choice, campouts, campfires, amazing food in our Lodge, bunkbeds in cabins, carnival/dance parties, all-camp evening programs, Red vs Blue: Island Games, crazy camp traditions, paint, sparkles and so much more!!!

## Location

Jacob Island is a 104 acre, private island on Pigeon Lake in the beautiful Kawartha Lakes, Ontario, Canada.

## Transportation

Transportation to the island is included from locations central to where campers reside.

## Fees

It is affordable for all families as our fees are subsidized so that families pay only what they are able to afford.



## CONTACT

### Camp Maple Leaf

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